



SACOSS

*South Australian Council
of Social Service*

Cost of Living Update No. 38

March Quarter, 2019

ISSN 1836-5248 (Print)
ISSN 1836-5256 (Online)

First published in May 2019 by the South Australian Council of Social Service
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Introduction

This report tracks changes in the cost of living, particularly for vulnerable and disadvantaged South Australians.

The first part uses the Australian Bureau of Statistics' Selected Living Cost Indexes (ABS, 2019a) and Consumer Price Index (ABS, 2019c) to show key changes in the cost of living in the last quarter and over the last 12 months.

As a summary measure, the Selected Living Cost Indexes are preferred over the better-known Consumer Price Index (CPI) because the CPI is technically not a cost of living measure. It tracks changes in the price of a specific basket of goods, but this basket includes goods and services that are not part of the expenditure of all households, and poor households in particular. When considering the cost of living, this is important because if expenditure on bare essentials makes up the vast bulk (or entirety) of expenditure for low income households, then price increases in those areas are crucial whilst price increases or decreases on other discretionary goods are less relevant. However, increases in the prices of bare essentials may be masked in the generic CPI by rises or falls in other goods and services in the CPI basket.

The Selected Living Cost Indexes use a different methodology to CPI (see Appendix: Explanatory Note 1) and they disaggregate expenditure into a number of different household types (ABS, 2019b), although this *Cost of Living Update* focuses on the "Aged Pension" and "Other government transfer recipients" (hereafter "other social security recipients") figures, as these are likely to represent the more disadvantaged households. While the Selected Living Cost Indexes also have limitations in tracking cost of living changes for these groups (see Explanatory Note 2), they do provide a robust statistical base, a long time series, and quarterly tracking of changes – all of which is useful data for analysis. This report also adds to the Selected Living Cost Indexes by putting a dollar value on the changes, and by using disaggregated CPI data to summarise changes in prices of key items.

SACOSS *Cost of Living Updates* sometimes also contain a second section with a more in-depth analysis of cost of living trends in one key area of concern in relation to cost of living pressures on vulnerable and disadvantaged South Australians. There is no special feature in this *Update*.

SECTION 1: March Quarter 2019 Cost of Living Changes

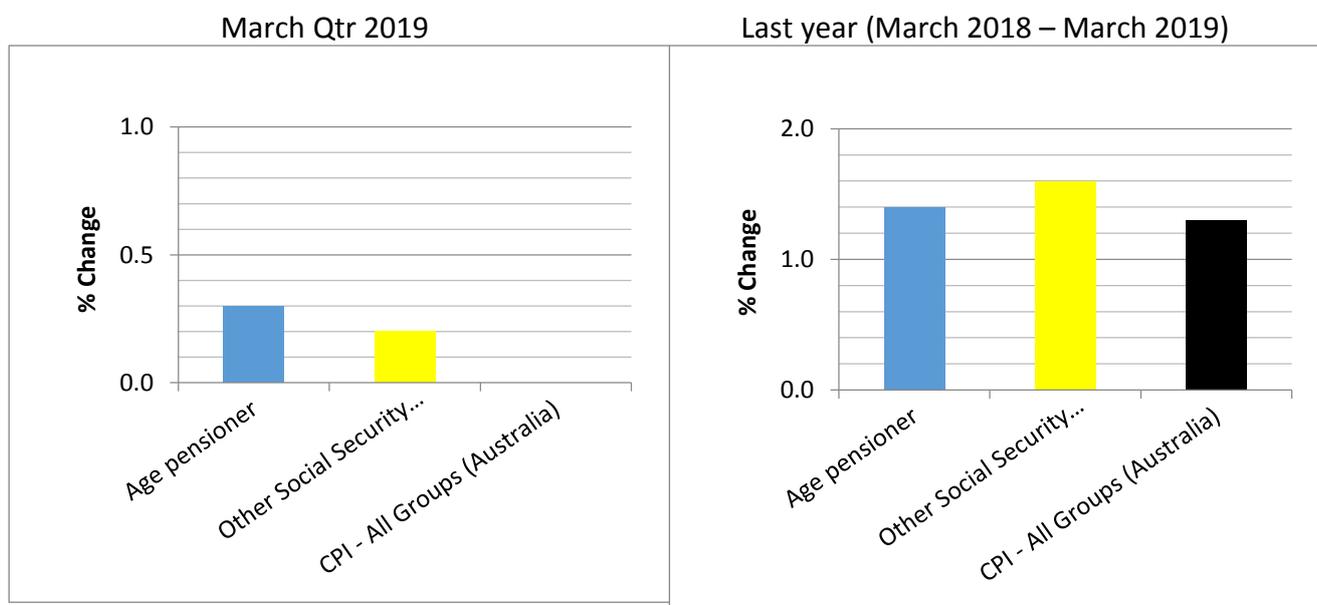
Prices

In the March 2019 quarter, the cost of living (as measured by the ABS Selected Living Cost Indexes) for age pensioners rose by 0.3%, while for other social security recipients the cost of living rose by 0.2%. CPI nationally in the same period was static (0.0% change) and with a 0.1% rise in Adelaide (ABS, 2019a; ABS, 2019c).

There were rises in food prices, as drought and adverse weather conditions impacted on the supply and price of some fruits and vegetables impacting on all households, but health costs were a significant driver of increases for both age pensioners and other government transfer recipients. This was partly seasonal with health cost increases driven by the reduction in the proportion of consumers who qualify for subsidies under the Pharmaceutical Benefits Scheme and the Medicare Benefits Scheme as the safety net thresholds are reset on 1 January each year (meaning that in the first quarter more people are paying full price). The biggest offset to these increases was a fall in petrol prices due to decreases in world oil prices. This impacted slightly more on other social security recipients than age pensioners or employee households as the former spend a greater proportion of the household budget on petrol.

Over the last year (March Qtr 2018 – March Qtr 2019), the living cost indexes for age pensioners rose by 1.4% and for other social security recipients by 1.6%, by comparison to the generic CPI rise of 1.3% both nationally and in Adelaide (ABS, 2019a, 2019c).

Figure 1: Increases in Living Costs March Qtr 2019



These overall figures can be disaggregated to track changes in the price of key basic goods and services in the last quarter both in Adelaide and nationally. These are shown in Table 1.

Table 1: Cost of Living Changes March Qtr 2019 by Expenditure Type

	March Quarter CPI Increase		Annual CPI Increase (March 2017 – Mar 2018)	
	Adelaide %	Australia %	Adelaide %	Australia %
Food	1.5	1.3	2.3	2.3
Fruit and Vegetables	4.9	4.8	5.9	5.8
Housing	0.2	0.0	-0.3	0.8
Rent	0.4	0.1	1.1	0.4
Utilities	-0.4	-0.1	-0.1	-0.4
• Electricity	-0.6	-0.6	-2.3	-0.6
• Water	0.0	0.0	2.3	1.3
• Gas	-0.3	0.8	-0.9	-1.8
Health	1.0	1.9	3.2	3.1
Transport	-2.0	-1.7	-0.1	0.0
CPI All Groups	0.1	0.0	1.3	1.3

(Source: ABS, 2019c)

Incomes

Given that social security recipients have very low incomes, it is unlikely that any or any significant amount of the weekly benefit can be saved – at least for those not able to supplement their government payments with other incomes. For someone on the base level of benefits (with no rent assistance), and assuming that they spend all their income, SACOSS calculates that the dollar value changes in cost of living is as shown in Table 2.

Table 2: Cost of Living Changes March Qtr 2018 – March Qtr 2019

	Base Allowance + Supplements (31 Mar 18)	Selected Living Cost Index Change	Living Cost Change per week	Base Allowance + Supplements (31 Mar 19)	Change in Rates of Same Benefits	Net Result \$pw
Age Pensioner (Single)	\$453.80	1.4%	\$6.35	\$463.10	\$9.30	\$2.01
Newstart with two FTB children	\$567.72	1.6%	\$9.08	\$573.07	\$5.35	-\$3.73

(Source: Calculated from Centrelink, 2017, 2018; ABS, 2018a. See Explanatory Note 3 in the Appendix here)

That is to say, for those whose only source of income is a base-rate Age Pension (with the Energy Supplement) and who spend all their income, the cost of living over the last year increased by \$6.35 per week, which was covered by a rise of \$9.30 in the pension. By contrast, the cost of living for a single person on Newstart with two children went up by \$9.08 per week while their income increased by only \$5.35, leaving them \$3.73 a week worse off than a year ago.

APPENDIX: Explanatory Notes

1. CPI and Living Cost Indexes

The ABS Selected Living Cost Indexes uses a different methodology to the CPI in that the CPI is based on acquisition (i.e. the price at the time of acquisition of a product), while the living cost index is based on actual expenditure. This is particularly relevant in relation to housing costs where CPI traces changes in house prices, while the SLCI traces changes in the amount expended each week on housing (e.g. mortgage repayments). Further information is available in the Explanatory Notes to the Selected Living Cost Indexes (ABS, 2019b).

In that sense, the Selected Living Cost Indexes are not a simple disaggregation of CPI and the two are not strictly comparable. However, both indexes are used to measure changes in the cost of living over time (although that is not what CPI was designed for), and given the general usage of the CPI measure and its powerful political and economic status, it is useful to compare the two and highlight the differences for different household types.

2. Limitations of the Selected Living Cost Indexes

The Selected Living Cost Indexes are more nuanced than the generic CPI in that they measure changes for different household types, but there are still a number of problems with using those indexes to show cost of living changes faced by the most vulnerable and disadvantaged in South Australia. While it is safe to assume that social security recipients are among the most vulnerable and disadvantaged, any household-based data for multi-person households says nothing about distribution of power, money and expenditure within a household and may therefore hide particular (and often gendered) structures of vulnerability and disadvantage. Further, the living cost indexes are not state-based, so particular South Australian trends or circumstances may not show up.

At the more technical level, the Selected Living Cost Indexes are for households whose *predominant income* is from the described source (e.g. aged pension or government transfers). However, the expenditures that formed the base data and weighting (from the 2015-16 *Household Expenditure Survey*) add up to well over the actual social security payments available (even including other government payments like rent assistance, utilities allowance and family tax benefits). Clearly many households in these categories have other sources of income, or more than one social security recipient in the same household. Like the CPI, the Living Cost Index figures reflect broad averages (even if more nuanced), but do not reflect the experience of the poorest in those categories.

Another example of this “averaging problem” is that expenditures on some items, like housing, are too low to reflect the real expenditures and changes for the most vulnerable in the housing market – again, because the worst-case scenarios are “averaged out” by those in the category with other resources. For instance, if one pensioner owned their own home outright they would generally be in a better financial position than a pensioner who has to pay market rents – but if the market rent were \$300 per week, the average expenditure on rent between the two would be \$150 per week, much less than what the renting pensioner was actually paying.

The weightings in the Selected Living Cost Indexes are also based on a set point in time (from the *Household Expenditure Survey*), but over time the price of some necessities may increase rapidly,

forcing people to change expenditure patterns to cover the increased cost. There is some adjustment of weightings for this, but these can't be checked without a new survey. Alternatively, or additionally, expenditure patterns may change for a variety of other reasons. However, the weighting in the indexes does not change and so does not track the expenditure substitutions and the impact that has on cost of living and lifestyle.

Finally, the Selected Living Cost Indexes' household income figures are based on households that are the average size for that household type: 1.51 people for aged pensioners, and 2.46 for other social security recipients (ABS, 2019b). This makes comparison with allowances difficult. This *Update* focuses on single person households or a single person with two children (to align to the other social security recipient household average of 2.46 persons). However, this is a proxy rather than statistical correlation.

It is inevitable that any summary measure will have limitations, and as noted in the main text, the Selected Living Cost Indexes provide a robust statistical base, a long time series, and quarterly tracking of changes in the cost of living which is somewhat sensitive to low income earners.

3. Income Support Payment Calculations – March 2019

Even using the base rate of benefits, the calculation of the relevant weekly incomes is difficult because of the complexity of the income support system which means that payment eligibility and rates change depending on the exact circumstances of the household (eg. age of children, assets). The calculation is also complex because of changes over time in eligibility and available benefits. However, based on an assumption of a single Aged Pensioner and a single Newstart recipient with two children (aged 10 and 14) – with neither receiving Commonwealth Rent Assistance, the basic income supports payments are as follows:

Rates at 31 March 2018

	Base Rate	Pension Supplement	Energy Supplement	FTB A Child u13	FTB A Child 13-15	FTB B	Pharmac Benefit	TOTAL PAYMENT
Aged Pension	\$413.10	33.65	7.05					\$453.80
Newstart - 2 children	\$295.20		4.75	91.42	118.93	54.32	3.1	\$567.72

Rates at 31 March 2019

	Base Rate	Pension Supplement	Energy Supplement	FTB A Child u13	FTB A Child 13-15	FTB B	Pharmac Benefit	TOTAL PAYMENT
Aged Pension	\$421.8	34.25	7.05					\$463.10
Newstart - 2 children	\$300.55		4.75	91.42	118.93	54.32	3.1	\$573.07

Sources

ABS (2017a) *6530.0 Household Expenditure Survey, Australia 2015-16*, Australian Bureau of Statistics, Canberra.

ABS (2019a), *6467.0 Selected Living Cost Indexes, Australia, December 2018*, Australian Bureau of Statistics, Canberra.

ABS (2019b) *Selected Living Cost Indexes, Australia, December 2018: Explanatory Notes*, Australian Bureau of Statistics, Canberra.

ABS (2019c) *6401.0 Consumer Price Index, Australia, December 2018*, Australian Bureau of Statistics, Canberra.

Centrelink (2018, 2019), *A Guide to Australian Government Payments*, released quarterly. Australian Government, Canberra.