2015 Healthy Events & Activities Calendar

Healthy Workers Healthy Futures

(Correct as at 27/01/15)



DATE	EVENT	LOCATION	ORGANISATION	WEBSITE
23 Jan	Bupa Community Challenge Tour	Various lengths from 33-154km (Unley, Meadows, Yankalilla, Victor Harbour)	SANTOS Tour Down Under	http://www.tourdownunder.com.au/ bupa-challenge-tour.htm
22 Feb	Healthy Weight Week Sprout Cooking Demo	Adelaide Showgrounds Farmers Market	Dietitians Association of Australia	www.healthyweightweek.com.au
1-23 Feb	Tour de Work	Various Local Council Areas	Adelaide City Council	http://www.lovetoride.net/adelaide/
26 Feb - 9 April	Team Challenge Games (weekly)	Hindmarsh Sq, Adelaide	Life. Be in it.	www.sa.lifebeinit.org
3 March - 7 April	Corporate Dragon Boat Challenge (weekly)	River Torrens, Adelaide	Life. Be in it.	www.sa.lifebeinit.org
22 March	Boileau Velo Coast to Coast	Various lengths from 10-120km (Glenelg, Victor Harbor)	Bike SA	www.bikesa.asn.au
3-6 April	Burra Easter Cycle	Burra (various lengths)	Bike SA	www.bikesa.asn.au
6 May-1 June	City of Onkaparinga Active Community Cup	Christies Beach Surf Life Saving Club	Life. Be in it.	www.sa.lifebeinit.org
10 May	Mother's Day Classic	River Torrens, Adelaide	Life. Be in it.	www.sa.lifebeinit.org
1 May-31 July	Be Active Aquatic Team challenge	Adelaide Aquatic Centre	Life. Be in it.	www.sa.lifebeinit.org
5 Aug-19 Nov	Be Active Corporate Cup	Adelaide, Glenelg, Mawson Lakes, Pt Adelaide	Life. Be in it.	www.sa.lifebeinit.org
7 Aug	Walk a Mile in my Boots	Adelaide CBD Regional walk dates TBC	Hutt St Centre	www.huttstcentre.org.au
20 Sept	City to Bay	Adelaide to Glenelg	Sunday Mail	www.city-bay.org.au
13 Oct-10 Dec	Bocce Team Challenge (weekly team challenge)	Victoria & Hindmarsh Sq, Adelaide	Life. Be in it.	www.sa.lifebeinit.org
14 Oct	Ride to Work Day	State-wide Free breakfasts in selected locations, but why not put on your own?	Bicycle Network BikeSA	https://www.bicyclenetwork.com.au/ general/ride2work/ www.bikesa.asn.au
TBC 19 – 23 Oct	SafeWork Week	Education Centre, Hindmarsh	SafeWork SA	www.safework.sa.gov.au
20 Oct-10 Dec	Active Community Team Challenge	Limestone Coast (Mt Gambier, Naracoorte, Millicent)	Life. Be in it.	www.sa.lifebeinit.org

TBC Nov	Amy's Ride	Various lengths from 18-120km (Willunga, McLaren Vale, Bedford Park)	Amy Gillet Foundation Bike SA	http://www.amygillett.org.au www.bikesa.asn.au
TBC 22 Nov	Gear up Girl	Adelaide CBD (suits multiple levels)	Bike SA	www.bikesa.asn.au
TBC 13 Nov	Walk to Work Day	State-wide	Pedestrian Council of Australia	www.walk.com.au
TBC 19 Nov	Go Home on Time Day	State-wide	The Australia Institute	www.gohomeontimeday.org.au

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