

2015 Awareness Weeks Calendar



(Correct as at 27/01/15)

DATE	AWARENESS DAY	ORGANISATION	WEBSITE
16 Feb	Apology Anniversary	NSDC inc.	www.nsdc.org.au
16-22 Feb	Healthy Weight Week	Dietitians Association of Australia	www.healthyweightweek.com.au
1-28 Feb	Fat Talk Free Feb	The Butterfly Foundation	http://thebutterflyfoundation.org.au/fat-talk-free- february/
1-28 Feb	Feb Fast (Reduce alcohol intake)	Feb Fast	www.febfast.org.au
1-31 March	Melanoma March	Melanoma March – Get your skin checked	www.melanoma.org.au
TBC 9-15 March	World Salt Awareness Week	World Action on Salt and Health	www.worldactiononsalt.com
12 March	World Kidney Day	Kidney Health Australia	www.kidney.org.au
TBC 22-28 March	Arthritis Awareness Week	Arthritis Australia	www.arthritisaustralia.com.au
7 April	World Health Day	World Health Organization	www.who.int/campaigns/world-health-day
19-25 April	Osteopathy Awareness Week	Osteopathy Australia	http://www.osteopathy.org.au/
6 May	International No Diet Day	The Butterfly Foundation	www.thebutterflyfoundation.org.au
3-9 May	Heart Week	Heart Foundation	www.heartfoundation.org.au
6 May	World Asthma Day	Asthma Foundation Australia	www.asthmaaustralia.org.au
17-23 May	Food Allergy Awareness Week	Allergy & Anaphylaxis Australia	www.allergyfacts.org.au
26 May	National Sorry day	NSDC inc.	www.nsdc.org.au
24-30 May	National Palliative Care Week	Palliative Care Council South Australia	www.pallcare.asn.au
27 May - 3 June	National Reconciliation Week	Reconciliation Australia	www.reconciliation.org.au
29 May	White Wreath Day	White Wreath – in remembrance of all victims of suicide	www.whitewreath.com
31 May	World No Tobacco Day	World Health Organisation	www.who.int/tobacco/wntd/en
TBC June	Alcohol Awareness Week	Alcohol and other Drugs Council of Australia South Australian Network of Drug and Alcohol Services	www.drugactionweek.org.au www.sandas.org.au
1-30 June	Bowel Cancer Awareness Month	Bowel Cancer Australia	www.bowelcanceraustralia.org

Healthy Workers Healthy Futures was an SA Health strategy funded by the Australian Government

1-30 June	Go Red for Women - healthy heart challenge	Heart Foundation	www.heartfoundation.org.au
15-21 June	Men's Health Week	Men's Health Week	www.menshealthweek.org.au
22-28 June	World Continence Week	Continence Foundation of Australia	www.continence.org.au
12-18 July	National Diabetes Week	Diabetes Australia	www.diabetesaustralia.com.au
20-26 July	National Pain Week	Chronic Pain Australia	www.chronicpainaustralia.org.au
1-31 July	Dry July	Dry July	www.dryjuly.org
1 Aug	Jeans for Genes day	Jeans for Genes Australia	www.jeansforgenes.org.au
3-10 Aug	Dental Health Week	Australian Dental Association	www.ada.org.au
TBC 3-10 Aug	World Breastfeeding Week	Australian Breast Feeding Association	www.breastfeeding.asn.au
TBC 31 Aug – 6 Sept	Body Image & Eating Disorder Awareness Week	The Butterfly Foundation	http://thebutterflyfoundation.org.au/body-image-and- eating-disorder-awareness-week/
10 Sept	R U Ok? Day	R U Ok?	www.ruokday.com
14-21 Sept	National Stroke Week	National Stroke Foundation	www.strokefoundation.com.au
29 Sept	World Heart Day	Heart Foundation	www.heartfoundation.org.au
1-31 Oct	Ocsober	Ocsober	www.ocsober.com.au
1-31 Oct	Breast Cancer Awareness Month	Breast Cancer Network Australia	www.bcna.org.au
4-10 Oct	Mental Health Week	Sane, Beyond Blue, Mental Health Coalition of SA	www.sane.org www.beyondblue.org.au www.mhcsa.org.au
10 Oct	World Mental Health Day	Mental Health Council of Australia	www.mhca.org.au
11-17 Oct	Anti-Poverty Week	Anti-Poverty Week	www.antipovertyweek.org.au
11-17 Oct	National Nutrition Week	Nutrition Australia	www.nutritionaustralia.org
20 Oct	World Osteoporosis Day	Osteoporosis Australia	www.osteoporosis.org.au
TBC 27 – 31 Oct	SafeWork Week	SafeWork SA	www.safework.sa.gov.au
1–30 Nov	Movember	Movember Foundation	www.movember.com
14 Nov	World Diabetes Day	Diabetes Australia	www.diabetesaustralia.com.au