

# Challenges to urban food security



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Food security exists when all people at all times have access to food of the choice that is nutritious, safe, culturally acceptable and sustainably produced

Food insecurity is a hidden issue within our urban communities

# Major issues:

1. The cost of fresh food
2. Access to appropriate food outlets
3. The need for community education around nutrition
4. The need to develop food storage, preparation and cooking skills

How can we respond to these issues as a community?

# Local initiatives

1. Cooking Utensils program
2. Preserving Food program
3. Community gardens
4. Magic Harvest program

# Broader initiatives

1. Food Security and Health projects
2. Food Futures Strategy

Next steps